



## Things *not* to Do with Your Money (if you can help it!)

- 1. **Do not Impulse Buy.** Walk away from the things you "think you need." If you still feel as if you need them after two weeks, then re-think the purchase.
- 2. Do *not* Let Financial Paperwork, Bills and Statements Pile Up. Out of sight, out of mind doesn't work when you want to develop a savings and spending plan.
- **3. Do not Shortchange Your Savings.** Work to make "paying yourself first" part of your new savings strategy. Savings should be part of your monthly budget.
- **4. Do not Make Minimum Payments.** If you only pay the minimum every month, that bill will take a very long time to go away. *Look at that box at the top of your bill*! It tells you how much of your payment is actually working toward reducing the balance. Not much. Even \$5 or \$10 extra over the minimum is better.
- **5. Do not Procrastinate.** Set **Specific**, **Measurable**, **Attainable**, **Relevant**, and **Time-Sensitive** (SMART) Goals and stick to them.
- **6. Do not Put Off Your Future.** The earlier you start planning for retirement and/or college, the less stress there will be when the time comes. If your employer has a retirement program (some employers even MATCH contributions), you should be enrolled no matter how young you are!